

# Breakfast Quesadilla (1\_2016)

<h2 style="margin: 0;">Nutrition Facts</h2>			
Serving Size 1 Quesadilla (85g)			
Servings Per Container 1			
<hr style="border: 2px solid black;"/>			
Amount Per Serving			
<hr/>			
<b>Calories</b> 200	Calories from Fat 90		
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<small>% Daily Value*</small>			
<b>Total Fat</b> 10g	<b>16%</b>		
Saturated Fat 3g	<b>15%</b>		
Trans Fat 0g			
<b>Cholesterol</b> 90mg	<b>30%</b>		
<b>Sodium</b> 430mg	<b>18%</b>		
<b>Total Carbohydrate</b> 19g	<b>6%</b>		
Dietary Fiber 1g	<b>3%</b>		
Sugars 1g			
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<b>Protein</b> 8g			
<hr style="border: 2px solid black;"/>			
Vitamin A 6%	• Vitamin C 4%		
Calcium 4%	• Iron 8%		
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<small>*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:</small>			
	<small>Calories:</small>	<small>2,000</small>	<small>2,500</small>
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

**Ingredients:** Filling (whole eggs, sausage [pork, salt, spices, dextrose, sugar, maltodextrin, natural flavor, disodium inosinate, disodium guanylate], two cheeses [pasteurized process American cheese {American cheeses (milk, cheese culture, salt, enzymes), water, milkfat, sodium citrate, salt, sodium phosphates, color (annatto and apocarotenal)}, Monterey Jack cheese {pasteurized milk, cheese culture, salt, enzymes}], water, green bell peppers, hash browns [potatoes, vegetable oil {contains one or more of the following oils: canola, soybean, cottonseed, sunflower, corn}, contains 2% or less of dextrose, natural flavor, salt, sodium acid pyrophosphate added to maintain color], *contains 2% or less of:* green chiles, red bell peppers, gelatin, modified food starch, vinegar, onions, red chile peppers, salt, flavorings, crushed red pepper, citric acid, disodium inosinate & disodium guanylate), Tortilla (bleached wheat flour enriched [niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], water, soybean oil, dextrose, *contains 2% or less of:* corn flour [ground corn, trace of lime], salt, vital wheat gluten, dough conditioner [inverted sugar, propylene glycol, water, cellulose gum], sodium stearoyl lactylate, guar gum, sodium aluminum phosphate, sodium bicarbonate, sodium metabisulfite), Batter (water, batter mix [yellow corn flour, bleached wheat flour, spices, salt, modified corn starch, jalapeño pepper, garlic powder, leavening {sodium acid pyrophosphate, sodium bicarbonate}, onion powder, xanthan gum, natural flavor, extractives of turmeric and paprika]), soybean oil, water, modified food starch.

**Contains: Wheat, Eggs, Milk, Soy**