

The Works Breakfast Taquito (10/2015)

Nutrition Facts	
Serving Size 1 Taquito (85g)	
Servings Per Container 1	
Amount Per Serving	
Calories 210	Calories from Fat 80
% Daily Value*	
Total Fat 9g	14%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 560mg	23%
Total Carbohydrate 22g	7%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 9g	
Vitamin A 4%	• Vitamin C 2%
Calcium 4%	• Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients: Filling: Whole eggs, three meats (bacon [pork, water, salt, may contain 2% or less of the following: sugar, smoke flavorings, potassium lactate, sodium lactate, sodium phosphates, dehydrated pork broth, natural flavorings, autolyzed yeast extract, sodium erythorbate, sodium nitrite, dextrose], sausage [pork, salt, spices, dextrose, sugar, maltodextrin, natural flavor, disodium inosinate, disodium guanylate], smoked ham & water product 30% of weight is added ingredient [cured with water, salt, dextrose, modified food starch, sodium lactate, sodium phosphates, sodium diacetate, sodium erythorbate, sodium nitrite]), hash browns (potatoes, vegetable oil [contains one or more of the following oils: canola, soybean, cottonseed, sunflower, corn], contains 2% or less of: dextrose, natural flavor, salt, sodium acid pyrophosphate added to maintain natural color), three cheeses (pasteurized process American cheese [American cheese {milk, cheese culture, salt, enzymes}, water, milkfat, sodium citrate, salt, sodium phosphates, color {annatto and apocarotenol}], Cheddar cheese [pasteurized milk, cheese culture, salt, enzymes and annatto], Monterey Jack Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes]), onions, green chiles, *contains 2% or less of:* bell peppers (bell peppers, [bell peppers, water, citric acid]), modified food starch, water, gelatin, vinegar, salt, flavorings, chile peppers (red chile peppers, citric acid), disodium inosinate & disodium guanylate. **Batter:** Water, batter mix (yellow corn flour, bleached wheat flour, spices, salt, modified corn starch, jalapeño pepper, garlic powder, leavening [sodium acid pyrophosphate, sodium bicarbonate], onion powder, xanthan gum, natural flavor, extractives of turmeric and paprika). **Tortilla:** Bleached wheat flour enriched (niacin, reduced iron, thiamine mononitrate, riboflavin & folic acid), water, soybean oil, dextrose, corn flour (ground corn, trace of lime), salt, vital wheat gluten, dough conditioner (inverted sugar, propylene glycol, water, cellulose gum), sodium stearyl lactylate, guar gum, sodium aluminum phosphate, sodium bicarbonate, sodium metabisulfite. Fried in soybean oil.

Contains: EGGS, MILK, WHEAT.

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