

Holiday Fresh Muffin – Cinnabon (10/18)

Nutrition Facts	
Serving Size 1 container (113g/4oz)	
Amount Per Serving	
Calories 440	Calories from Fat 220
% Daily Value*	
Total Fat 24g	37%
Saturated Fat 8g	38%
Trans Fat 0g	
Cholesterol 65mg	21%
Sodium 330mg	14%
Total Carbohydrate 51g	17%
Dietary Fiber less than 1g	4%
Sugars 31g	
Protein 5g	
Vitamin A 8%	• Vitamin C 0%
Calcium 6%	• Iron 8%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65 g 80 g
Saturated Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: CAKE BASE (SUGAR, BLEACHED ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], MODIFIED FOOD STARCH [CORN], SOYBEAN OIL, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, EMULSIFIER [PROPYLENE GLYCOL ESTERS, MONO- AND DIGLYCERIDES, SODIUM STEAROYL LACTYLATE], SKIM MILK POWDER, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE, NATURAL AND ARTIFICIAL FLAVOR [MILK], SODIUM CASEINATE [MILK], XANTHAN GUM, DRIED EGG WHITES), FROSTING (SUGAR, CREAM CHEESE [PASTEURIZED MILK AND CREAM, CHEESE CULTURE, SALT, STABILIZER {CAROB BEAN GUM, XANTHAN GUM, GUAR GUM}], MARGARINE [PALM OIL, WATER, VEGETABLE MONO- AND DIGLYCERIDES, WHEY SOLIDS {MILK}, SOY LECITHIN, SODIUM BENZOATE {PRESERVATIVE}, NATURAL FLAVOR, VITAMIN A PALMITATE], CORN STARCH, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: CORN SYRUP SOLIDS, CELLULOSE GUM, NATURAL AND ARTIFICIAL FLAVOR, POTASSIUM SORBATE (PRESERVATIVE), GUAR GUM, XANTHAN GUM, SOYBEAN OIL, POLYSORBATE 60, LACTIC ACID, BETA CAROTENE [COLOR]), SOYBEAN OIL, LIQUID WHOLE EGGS, WATER, WHEAT FLOUR, SKIM YOGURT (CULTURED SKIM MILK, MODIFIED CORN STARCH, CARRAGEENAN, PECTIN, VITAMINS A-C-D-E), SOUR CREAM (SKIM MILK, CULTURED CREAM, WHEY {MILK}, MODIFIED CORN STARCH, SODIUM PHOSPHATE, GUAR GUM, CARRAGEENAN, SODIUM CITRATE, LOCUST BEAN GUM, POTASSIUM SORBATE [PRESERVATIVE], STARTER CULTURE), SUGAR. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: VEGETABLE SHORTENING (PALM OIL, MODIFIED PALM OIL), WHEY PROTEIN CONCENTRATE, CINNAMON, NATURAL AND ARTIFICIAL FLAVOR, POTASSIUM SORBATE (PRESERVATIVE), ENZYMES (WHEAT).

CONTAINS: WHEAT, EGG, MILK, SOY