

# Holiday Creamiser Half & Half (2, 2017)

<b>Nutrition Facts</b>			
Serving Size	2 Tbsp	(30	mL)
Servings Per Container	96		
<b>Amount per serving</b>			
Calories	40	Calories from Fat	30
			<b>% Daily Value*</b>
Total Fat	3 g	4%	
Saturated Fat	2 g	10%	
Trans Fat	0 g		
Cholesterol	15 mg	4%	
Sodium	20 mg	1%	
Total Carbohydrate	1 g	0%	
Dietary Fiber	0 g	0%	
Sugars	1 g		
Protein	1 g		
Vitamin A	4%	Vitamin C	0%
Calcium	4%	Iron	0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			

**Ingredients:** Milk, Cream, Contains less than 2% of the following: Sodium Citrate and Disodium Phosphate.

**Contains:** Milk

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