



Bacon, Egg & Cheese Quesadilla

Nutrition Facts

Serving Size 1 Quesadilla (85g)
Servings Per Container 1

Amount Per Serving

Calories 210 **Calories from Fat 80**

% Daily Value*

Total Fat 8g **12%**

 Saturated Fat 2.5g **13%**

 Trans Fat 0g

Cholesterol 95mg **32%**

Sodium 480mg **20%**

Total Carbohydrate 24g **8%**

 Dietary Fiber 1g **4%**

 Sugars 1g

Protein 9g

Vitamin A 6% • Vitamin C 2%

Calcium 4% • Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Filling: Whole eggs, two cheeses (pasteurized processed American cheese & Monterey Jack cheese [cultured pasteurized milk, salt, enzymes], water, milkfat, sodium citrate, salt, sodium phosphate, color [annatto & apocarotenal]), bacon (cured with water, salt, sugar, sodium phosphates, soy sauce [water, wheat, soybeans, salt], sodium erythorbate, sodium nitrite, natural flavorings), water, bell peppers (bell peppers, water, citric acid), hash browns (potatoes, vegetable oil [contains one or more of the following: canola oil, soybean oil, cottonseed oil, sunflower oil, corn oil]), salt, natural flavor, dextrose, sodium acid pyrophosphate added to preserve natural color), *contains 2% or less of:* green chiles, gelatin, modified food starch, onions, chile pepper (chile peppers, citric acid), salt, flavorings, crushed red pepper, vinegar, citric acid.

Tortilla: Bleached wheat flour enriched (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, vegetable oil (canola and/or soybean oil), dextrose, corn flour (ground corn, trace of lime), salt, vital wheat gluten, dough conditioner (whey, L-Cysteine hydrochloride), sodium stearoyl lactylate, guar gum, sodium aluminum phosphate, sodium bicarbonate, sodium metabisulfite.

Batter: Water, batter mix (Yellow Corn Flour, Bleached Wheat Flour, Spices, Salt, Modified Food Starch, Jalapeno Pepper, Garlic Powder, Leavening [Sodium Acid Pyrophosphate, Sodium Bicarbonate], Onion Powder, Guar Gum, Natural Flavor, Extractives of Turmeric and Paprika). Fried in vegetable oil (canola and/or soybean).

Contains: EGGS, MILK, SOY, WHEAT.