



Lund Food Holdings, Inc.

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86136—Candy Cane Cake Donut

Nutrition Facts	
Serving Size 1 Donut (70g) Serving Per Container 1	
Amount Per Serving	
Calories 300	Calories from Fat 140
% Daily Values*	
Total Fat 16g	24 %
Saturated Fat 4g	19 %
<i>Trans</i> Fat 6g	%
Polyunsaturated Fat 0	%
Monounsaturated Fat 4.5g	%
Cholesterol 20mg	7 %
Sodium 300mg	12 %
Total Carbohydrate 38g	13 %
Dietary Fiber less than 1 gram	3 %
Sugars 22g	%
Protein 3g	6 %
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 8%
Vitamin E 0%	• Vitamin B6 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrates	300g 375g
Dietary Fiber	25g 30g
Calories per gram	
Fat 9	• Carbohydrates 4 • Protein 4

INGREDIENTS: Cake Donut Mix (enriched wheat flour [flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], sugar, soybean oil, soy flour, dry egg yolk, leavening [sodium acid pyrophosphate, baking soda], nonfat milk solids, salt, dextrose, spice, soy lecithin, water, cellulose gum, xanthan gum, dry whey, propylene glycol monoesters, monoglycerides, sodium stearoyl lactylate, natural and artificial flavors, potassium sorbate [as preservative], wheat starch, alpha tocopherols as preservative, corn oil, beta carotene as color, citric acid, silicon dioxide), Icing (sugar, water, corn syrup, corn starch, potassium sorbate [as preservative], agar, titanium dioxide [as color], propylene glycol, citric acid, mono & diglycerides with BHT as preservative, artificial flavor, locust bean gum, dextrose.), Shortening (partially hydrogenated soybean oil), Water, Flavor Chip (sugar, corn cereal, corn syrup, modified food starch, partially hydrogenated vegetable oil [cottonseed &/or soybean], red #40), Flavor Chip (sugar, corn cereal, corn syrup, modified food starch, partially hydrogenated vegetable oil [cottonseed &/or soybean], caramel color, yellow #5, blue#1.), Red Food Color (water, high fructose corn syrup, glycerine, FD&C red #40, red #3, sugar, modified food starch, sodium benzoate and potassium sorbate [as preservatives], carrageenan, xanthan gum, citric acid), Peppermint flavoring.

CONTAINS: EGGS, MILK, SOY, WHEAT

10/27/09, DH