Best Maid Double Chocolate Walnut 1.5 Cookie

INGREDIENTS: Sugar, enriched wheat flour, chocolate chip (sugar, chocolate liquor, cocoa butter, soy lecithin), margarine (partially hydrogenated soybean and cottonseed oils, water, salt, cultured buttermilk, soy lecithin, vegetable mono- and diglycerides, sorbic acid and sodium benzoate added as preservatives, artificially flavoured, artificially coloured with beta carotene, vitamin a palmitate added), shortening (partially hydrogenated soybean and cottonseed oils), whole eggs, walnuts, cocoa (processed with alkali), buttermilk powder, salt, vanilla (water, ethyl alcohol, caramel color), soda bicarbonate.
Contains: Wheat, eggs, milk, tree nut, soy.

Nutrition Facts

Serving Size 1 cookie (42.6 g)

Amount Per Serving

Calories 190	Calories From Fat 90
	% Daily Value*
Total Fat 10g	**16%**
Saturated Fat 3g	**16%**
Trans Fat 2g	
Cholesterol 15mg	**5%**
Sodium 130mg	**5%**
Total Carbohydrate 23g	**8%**
Dietary Fiber 1g	**6%**
Sugars 9g	
Protein 2g	

Vitamin A 2%	•	Vitamin C 0%	
Calcium 2%	•	Iron 8%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g