

# Plain Cake Donut

86125

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<b>Nutrition Facts</b>		Amount/Serving	% DV*	Amount/Serving	% DV*
Serv. Size	1 Donut (55g)	<b>Total Fat</b>	12g 18%	<b>Total Carb.</b>	26g 9%
Serv. Per Cont.	About 1	Sat Fat	3g 14%	Fiber	<1g 3%
<b>Calories</b>	220	Trans Fat	4.5g	Sugars	9g
Calories from Fat	110	<b>Cholesterol</b>	25mg 8%	<b>Protein</b>	3g 6%
*Percent Daily Values (DV) are based on a 2,000 calorie diet.		<b>Sodium</b>	340mg 14%		
		Vitamin A	0%	Vitamin C	0%
		Calcium	0%	Iron	10%

INGREDIENTS: Cake Donut Mix (enriched wheat flour [flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], sugar, soybean oil, soy flour, dry egg yolk, leavening [sodium acid pyrophosphate, baking soda], salt, dry whey, wheat starch, nonfat milk solids, soy lecithin, nonfat dry milk, spice, dextrose, cellulose gum, natural & artificial flavors, corn starch, beta carotene (as color), citric acid, alpha tocopherols (as preservative), silicone dioxide, corn oil), water, Shortening (partially hydrogenated soybean oil).

CONTAINS: WHEAT, SOY, EGGS, MILK