



HP UM Fresh Muffin – Banana Nut

Nutrition Facts	
Serving Size 1 muffin (142.00g/5oz)	
Amount Per Serving	
Calories 570 Calories from Fat 300	
% Daily Value*	
Total Fat 35g	54%
Saturated Fat 6g	30%
Cholesterol 85mg	28%
Sodium 530mg	22%
Total Carbohydrate 72g	24%
Dietary Fiber 4g	16%
Sugars 36g	
Protein 9g	
Vitamin A 4%	•
Calcium 6%	•
Vitamin C 2%	•
Iron 15%	•
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65 g 80 g
Saturated Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Enriched Flour (Bleached Flour, Malted Barley, Niacin, Iron, Thiamine Mono-nitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Water, Whole Eggs, Banana Puree, Walnuts, Modified Food Starch, Whey, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Aluminum Phosphate, Sodium Bicarbonate), Propylene Glycol Monoesters, Mono & Diglycerides, Sodium Steroyl Lactylate, Polysorbate 60, Natural and Artificial Flavor, Potassium Sorbate (To Retard Spoilage).
May contain Almonds, Walnuts, and/or Peanuts.

Contains: Eggs, Wheat, Milk, Soy

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