

Raised Long John with Chocolate Icing

86172

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Nutrition Facts		Amount/Serving	% DV*	Amount/Serving	% DV*
Serv. Size	1 Donut (115g)	Total Fat	31g 48%	Total Carb.	59g 20%
Serv. Per Cont.	About 1	Sat Fat	8g 38%	Fiber	2g 7%
Calories	540	Trans Fat	12g	Sugars	27g
Calories from Fat	280	Cholesterol	<5mg 0%	Protein	5g 10%
*Percent Daily Values (DV) are based on a 2,000 calorie diet.		Sodium	400mg 17%		
		Vitamin A	0%	Vitamin C	0%
		Calcium	25%	Iron	15%

INGREDIENTS: Donut Base (enriched wheat flour [flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], soybean oil, dextrose, salt, leavening [sodium acid pyrophosphate, baking soda], mono & diglycerides with BHT [preservative], soy flour, dry whey, sodium stearoyl lactylate, corn starch, natural & artificial flavors, wheat starch, corn oil, water, beta carotene as color, citric acid, silicon dioxide, alpha tocopherols as preservative, tricalcium phosphate, ascorbic acid (as dough conditioner)), water, Flour (wheat flour, malted barley flour), Enriched Unbleached Wheat Flour (niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), Yeast, Soybean oil, Diced Apple, Cinnamon Chip (sugar, corn syrup, corn cereal, modified food starch, partially hydrogenated vegetable oil [cottonseed and/or soybean], caramel color, natural and artificial flavor), Korintje Cinnamon, Glaze (Sugar, Glaze Sugar (sugar, maltodextrin), High Fructose Corn Syrup, Glaze Stabilizer (calcium carbonate, sugar, calcium sulfate, dextrose, agar, locust bean gum, sodium hexametaphosphate), Shortening (partially hydrogenated soybean oil), Butter and Vanilla Flavor (water, propylene glycol. Contains 2% or less of: vanillin, xanthan gum, natural & artificial flavor, sodium benzoate, heliotropine crystals, artificial color [Yellow #5 and Yellow #6], citric acid), Vanilla Flavor, Salt (salt, yellow prussiate of soda)), Shortening (partially hydrogenated soybean oil).

CONTAINS: WHEAT, SOY, MILK, EGGS