

**Mel-Cream® Donuts International, Inc.**

5456 International Parkway Springfield, IL 62711

Product: TS Long John Chocolate Iced

CASE UPC: 0 4792490009 4

Nutrition Facts			
Serving Size		3oz	
Servings per container			
Amount per Serving			
Calories		320kcal	
Calories from Fat		100kcal	
		% Daily Value	
Total Fat	11g		16%
	Saturated Fat	3g	24%
	* Polyunsaturated Fat	0g	
	* Monounsaturated Fat	4g	
	Transfat	3g	
Cholesterol	0mg		0%
Sodium	300mg		13%
Total Carbohydrates	35g		12%
	Dietary Fiber	>1g	3%
	Sugars	12g	
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	2%
Thiamin	8%	Riboflavin	6%
Niacin	4%	Folate	4%

Note: The above data provides the minimum requirements for Nutrition Labeling. The information for Thiamin, Riboflavin, and Niacin may be optional.

**INGREDIENTS:**

DONUT: ENRICHED FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOLAVIN, FOLIC ACID), WATER, SUGAR, YEAST, PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OIL, SALT, WHEY, DEFATTED SOY FLOUR, MONO AND DIGLYCERIDES, EXTRACT OF CORN AND MALTED BARLEY, LEAVENING (SODIUM ACID PYROPHOSPAHTE, BAKING SODA), NONFAT MILK, YELLOW CORN FLOUR, SODIUM STEAROYL LACTYLATE, DATEM, EGG YOLK (CONTAINS SODIUM SILICOALUMINATE), ANNATTO AND TURMERIC EXTRACT COLOR, NATURAL AND ARTIFICIAL FLAVOR.

ICING: SUGAR, CORN SYRUP, WATER, SOYBEAN OIL, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND/OR COTTONSEED OIL), COCOA PROCESSED WITH ALKALI, SOY LECITHIN, CHOCOLATE LIQUOR, SALT, SORBIC ACID (AS PRESERVATIVE), NATURAL AND ARTIFICIAL FLAVOR, PROPYLENE GLYCOL, CORN STARCH, DEXTROSE, XANTHAN GUM, CITRIC ACID.

“Actual usage amounts will vary nutritional information” \*Required when a cholesterol or other fatty acid claim is made.

**Allergen Statement**  
**Chocolate Iced Long John**

This statement is effective September 1, 2007 and supersedes all previous.

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**This product contains the following “Big Eight” allergen ingredients:**

- Wheat (gluten)
- Soy Flour (Soy)
- Soy Lecithin (Soy)
- Nonfat Dry Milk (milk)
- Whey (milk)
- Egg Yolk (egg)

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**This product contains the following common allergens:**

- Corn Flour (corn)

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**This product is manufactured in a facility which also handles:**

- Wheat
- Milk
- Egg
- Soy
- Other Glutens
- Sulfites
- Corn

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This information is not to be taken as a warranty or representation for which we assume legal responsibility. It is offered solely for your consideration, investigation, and verification.