

# PUMPKIN MUFFIN 20 CT.

86582

4/13/2012

<b>Nutrition Facts</b>		Amount/Serving	% DV*	Amount/Serving	% DV*
Serv. Size	1 Muffin (150g)	<b>Total Fat</b>	30g 46%	<b>Total Carb.</b>	64g 21%
Serv. Per Cont.	About 20	Sat Fat	5g 26%	Fiber	<1g 4%
<b>Calories</b>	540	Trans Fat	0.5g	Sugars	38g
Calories from Fat	270	<b>Cholesterol</b>	10mg 37%	<b>Protein</b>	7g 14%
*Percent Daily Values (DV) are based on a 2,000 calorie diet.		<b>Sodium</b>	480mg 20%		
		Vitamin A	40%	Vitamin C	0%
		Calcium	4%	Iron	15%

INGREDIENTS: Cake Base (sugar, enriched wheat flour bleached (flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, wheat bran, soybean oil, honey, wheat starch, soy flour, dry whey leavening (baking soda), honey, high fructose corn syrup, nonfat milk solids, dry egg whites, salt, nonfat dry milk, corn syrup, calcium propionate (as preservative), soy lecithin, calcium stearate, azodicarbonamide (dough conditioner)), Pastuerized Whole Eggs, Soybean oil, water, Pumpkin, Cinnamon, Nutmeg.

CONTAINS: WHEAT, SOY, MILK, EGGS