



## Beef & Cheese Taquito 6/2011

<b>Nutrition Facts</b>	
Serving Size 1 taquito (85g)	
Servings Per Container	
<b>Amount Per Serving</b>	
<b>Calories 210</b>	<b>Calories from Fat 70</b>
<b>% Daily Value*</b>	
<b>Total Fat 7g</b>	<b>11%</b>
Saturated Fat 3g	<b>15%</b>
Trans Fat 0g	
<b>Cholesterol 15mg</b>	<b>5%</b>
<b>Sodium 620mg</b>	<b>26%</b>
<b>Total Carbohydrate 27g</b>	<b>9%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 2g	
<b>Protein 8g</b>	
Vitamin A 4%	• Vitamin C 2%
Calcium 6%	• Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**Ingredients: Filling: Beef** (cooked beef (cooked beef, beef broth & salt), beef), water, **cheeses** ([milk, cheese culture, salt, enzymes], water, milkfat, sodium phosphate, salt, sodium hexametaphosphate, apocarotenal [colored]), green chiles (green chiles, citric acid), tomatillos (tomatillos, citric acid), onions, maltodextrin, flour, modified food starch, *2% or less of*: jalapeños (jalapeño peppers, salt, vinegar and/or citric acid, calcium chloride, garlic powder, spices), jalapeño puree (jalapeño peppers, water, citric acid), gelatin, flavorings, beef flavored base (salt, hydrolyzed soy protein, dextrose, seasonings [onion powder, garlic powder], chicken fat, beef extract, caramel color, spices), salt, Cilantro Flavor (Dextrose, Modified Corn Starch, Extractives of Cilantro), guar gum, disodium inosinate & disodium guanylate dehydrated cilantro.textured.

**Tortilla:** Bleached wheat flour enriched (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, vegetable oil (canola and/or soybean oil), dextrose, corn flour (ground corn, trace of lime), salt, vital wheat gluten, dough conditioner (whey, L-Cysteine hydrochloride), sodium stearoyl lactylate, guar gum, sodium aluminum phosphate, sodium bicarbonate, sodium metabisulfite.

**Batter:** Water, batter mix (Yellow Corn Flour, Bleached Wheat Flour, Spices, Salt, Modified Food Starch, Jalapeno Pepper, Garlic Powder, Leavening [Sodium Acid Pyrophosphate, Sodium Bicarbonate], Onion Powder, Guar Gum, Natural Flavor, Extractives of Turmeric and Paprika). Fried in vegetable oil (canola and/or soybean).

**Contains: MILK, SOY, WHEAT.**