



Pancake Wrap 2/2012

Nutrition Facts	
Serving Size 1 wrap (80g/2.85 oz.)	
Servings Per Container About 56	
Amount per Serving	
Calories 210	Calories from Fat 90
% Daily Value*	
Total Fat 10g	15%
Saturated Fat 3.5g	17%
<i>Trans</i> Fat 0g	
Cholesterol 15mg	5%
Sodium 470mg	20%
Total Carbohydrate 23g	8%
Dietary Fibers 1g	4%
Sugars 8g	
Protein 9g	
Calcium 0%	Iron 6%
Not a significant source of vitamin A, and vitamin C.	
*Percent Daily Values are based on a 2,000 calorie diet.	

Ingredients: Batter: Water, bleached enriched flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), sugar, soy flour, contains 2% or less of partially hydrogenated soybean and/or cottonseed oil, leavening (sodium acid pyrophosphate, sodium bicarbonate), salt, egg yolks, natural and artificial sweet maple flavor (modified corn starch, acesulfame potassium, natural flavoring, maple syrup, caramel color), artificial flavor. Fried in vegetable oil. **Ground Pork and Vegetable Protein Link**
Ingredients: Ground pork (no more than 30% fat), water, textured vegetable protein product (soy protein concentrate, caramel color, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A palmitate, calcium pantothenate, thiamine mononitrate, pyridoxine hydrochloride, riboflavin, cyanocobalamin), salt, potassium lactate, sodium lactate, spices, sodium phosphate, sugar, caramel color, sodium diacetate.
Contains: Wheat, soy, eggs and gluten.