



Regular Corn Dog

Nutrition Facts	
Serving Size 1 corn dog(112g/4.0 oz.)	
Servings Per Container About 36	
Amount per Serving	
Calories 280	Calories from Fat 140
% Daily Value*	
Total Fat 15g	23%
Saturated Fat 4.5g	23%
<i>Trans Fat</i> 0g	
Cholesterol 45mg	15%
Sodium 830mg	35%
Total Carbohydrate 26g	9%
Dietary Fibers 1g	4%
Sugars 9g	
Protein 10g	
Calcium 6%	Iron 20%
Not a significant source of vitamin A, and vitamin C.	
*Percent Daily Values are based on a 2,000 calorie diet.	

Batter Ingredients: Water, enriched flour (flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), sugar, yellow corn flour, enriched yellow corn meal (yellow corn meal, niacin, iron, thiamine mononitrate, riboflavin, folic acid), soy flour, leavening (sodium acid pyrophosphate, sodium bicarbonate), soybean oil, salt, egg yolks, potato flour, dried honey, egg whites, artificial flavor. Fried in vegetable oil.

Chicken Frankfurter Ingredients: Mechanically separated chicken, water, salt, contains 2% or less of the following: corn syrup solids, potassium lactate, spices, sodium phosphate, sodium diacetate, flavorings, sodium erythorbate, sodium nitrite.

Contains: Wheat, soy, eggs, and gluten.