

milkshakes



Nutrition Facts	
Serving Size 16 fl oz as Prepared	
Servings Per Container 1	
Amount Per Serving	
Calories 580	Calories from Fat 210
	% Daily Value*
Total Fat 23g	35%
Saturated Fat 14g	70%
Trans Fat 0.5g	
Cholesterol 85mg	28%
Sodium 210mg	9%
Total Carbohydrate 81g	27%
Dietary Fiber 2g	8%
Sugars 64g	
Protein 12g	
Vitamin A 20%	• Vitamin C 8%
Calcium 40%	• Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	

INGREDIENTS: Ice Cream (Milk, Cream, Buttermilk, Sugar, Corn Syrup, Skim Milk, Water, Cocoa Processed with Alkali and Cocoa, Carob Bean Gum, Guar Gum, Carrageenan) Milk.



Nutrition Facts	
Serving Size 16 fl oz as Prepared	
Servings Per Container 1	
Amount Per Serving	
Calories 560	Calories from Fat 190
	% Daily Value*
Total Fat 21g	32%
Saturated Fat 13g	65%
Trans Fat 0.5g	
Cholesterol 80mg	27%
Sodium 220mg	9%
Total Carbohydrate 80g	27%
Dietary Fiber 0g	0%
Sugars 57g	
Protein 14g	
Vitamin A 15%	• Vitamin C 15%
Calcium 50%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	

INGREDIENTS: Ice Cream (Milk, Cream, Buttermilk, Sugar, Corn Syrup, Skim Milk, Water, High Fructose Corn Syrup, Strawberry Puree, Artificial Flavors, Citric Acid, Carob Bean Gum, Guar Gum, Carrageenan, Red #40, Blue #1, Cellulose Gum) Milk.



Nutrition Facts	
Serving Size 16 fl oz as Prepared	
Servings Per Container 1	
Amount Per Serving	
Calories 550	Calories from Fat 200
	% Daily Value*
Total Fat 23g	35%
Saturated Fat 14g	70%
Trans Fat 0.5g	
Cholesterol 85mg	28%
Sodium 230mg	10%
Total Carbohydrate 73g	24%
Dietary Fiber 0g	0%
Sugars 60g	
Protein 14g	
Vitamin A 20%	• Vitamin C 10%
Calcium 50%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	

INGREDIENTS: Ice Cream (Milk, Cream, Buttermilk, Sugar, Corn Syrup, Skim Milk, Water, Natural and Artificial Vanilla Flavor, Carob Bean Gum, Guar Gum, Carrageenan), Milk.

nutrition guide



milkshakes



Nutrition Facts	
Serving Size 16 fl oz as Prepared	
Servings Per Container 1	
Amount Per Serving	
Calories 580	Calories from Fat 210
% Daily Value*	
Total Fat 23g	35%
Saturated Fat 14g	70%
Trans Fat 0.5g	
Cholesterol 85mg	28%
Sodium 220mg	9%
Total Carbohydrate 81g	27%
Dietary Fiber 2g	8%
Sugars 64g	
Protein 12g	
Vitamin A 20%	• Vitamin C 8%
Calcium 40%	• Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	

INGREDIENTS: Ice Cream (Milk, Cream, Buttermilk, Sugar, Corn Syrup, Skim Milk, Water, Cocoa Processed with Alkali and Cocoa, Natural and Artificial Flavor, Carob Bean Gum, Guar Gum, Carrageenan) Milk.

Nutrition Facts	
Serving Size: 16 fl oz as prepared	
Servings Per Container: 1	
Amount Per Serving	
Calories 600	Calories from Fat 220
% Daily Value*	
Total Fat 24g	37%
Saturated Fat 14g	70%
Trans Fat 0.5g	
Cholesterol 80mg	27%
Sodium 290mg	12%
Total Carbohydrate 82g	27%
Dietary Fiber 1g	4%
Sugars 64g	
Protein 13g	
Vitamin A 15%	• Vitamin C 10%
Calcium 50%	• Iron 4%
Not a significant source of iron.	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	

INGREDIENTS: Ice Cream (Milk, Cream, Buttermilk, Sugar, Corn Syrup, Skim Milk, Chocolate Sandwich Cookies [Sugar, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Soybean, Palm, Palm Kernel Oil with TBHQ for Freshness), Cocoa Processed with Alkali, Invert Sugar, Yellow Corn Flower, Chocolate, Cornstarch, Salt, Leavening (Sodium Bicarbonate, Mono-calcium Phosphate), Whey, Natural and Artificial Vanilla Flavor, Carob Bean Gum, Guar Gum, Carrageenan), Milk.

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All products contain traces of peanuts, tree nuts, soybeans, wheat or eggs from manufacturing and blending.

nutrition guide



limited edition milkshakes



Nutrition Facts	
Serving Size 16 fl oz as Prepared	
Servings Per Container 1	
Amount Per Serving	
Calories 600	Calories from Fat 230
% Daily Value*	
Total Fat 26g	40%
Saturated Fat 17g	85%
Trans Fat 0.5g	
Cholesterol 80mg	27%
Sodium 220mg	9%
Total Carbohydrate 77g	26%
Dietary Fiber 1g	4%
Sugars 63g	
Protein 15g	
Vitamin A 15%	• Vitamin C 10%
Calcium 50%	• Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet.	

INGREDIENTS: Ice Cream (Milk, Cream, Buttermilk, Sugar, Corn Syrup, Skim Milk, Chocolatey Chips [Sugar, Cocoa Processed with Alkali, Partially Hydrogenated Coconut Oil, Bitter Chocolate, Soybean Oil, Soy Lecithin and Salt], Water, Natural Flavor, Carob Bean Gum, Guar Gum, Carrageenan, Yellow #5, Blue #1) Milk.

Nutrition Facts	
Serving Size 16 fl oz as Prepared	
Servings Per Container 1	
Amount Per Serving	
Calories 640	Calories from Fat 270
% Daily Value*	
Total Fat 30g	46%
Saturated Fat 16g	80%
Trans Fat 0.5g	
Cholesterol 80mg	27%
Sodium 280mg	12%
Total Carbohydrate 79g	26%
Dietary Fiber 1g	4%
Sugars 66g	
Protein 15g	
Vitamin A 15%	• Vitamin C 10%
Calcium 50%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet.	

INGREDIENTS: Ice Cream (Milk, Cream, Buttermilk, Sugar, Corn Syrup, Skim Milk, Reese's® Peanut Butter Cup Pieces [Milk Chocolate (Sugar, Cocoa Butter, Chocolate, Nonfat Milk, Milk Fat, Lactose, Soy Lecithin, PGPR (Emulsifier)), Peanuts, Sugar, Dextrose, Salt, TBHQ (Preserves Freshness)], Hershey's® Milk Chocolate Chips [Milk Chocolate (Sugar, Chocolate, Nonfat Milk, Cocoa Butter, Milk Fat, Soy Lecithin, Artificial Flavor)], Reese's® Peanut Butter [Peanuts, Peanut Oil, Sugar, Salt, Cornstarch], Water, Natural and Artificial Vanilla Flavor, Carob Bean Gum, Guar Gum, Carrageenan), Milk.

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nutrition guide



smoothies



Nutrition Facts	
Serving Size: 16 fl oz as prepared	
Servings Per Container: 1	
Amount Per Serving	
Calories 270	
	% Daily Value*
Total Fat 0g	0%
Sodium 50mg	2%
Total Carbohydrate 65g	22%
Dietary Fiber 3g	12%
Sugars 60g	
Protein 3g	
Vitamin A 20% • Vitamin C 130%	
Calcium 10% • Vitamin E 20%	
Zinc 20%	
<small>Not a significant source of calories from fat, saturated fat, trans fat, cholesterol and iron.</small>	
<small>*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.</small>	

INGREDIENTS: Water, Strawberries, Sugar, Banana Puree, Skim Milk, Fructose, Dextrose, Dietary Fiber (Chicory), Citric Acid, Guar Gum, Natural Flavor, Vitamin A (Palmitate), Vitamin E (di-alpha-Tocopheryl Acetate), Vitamin C (Sodium Ascorbate), Zinc (Zinc Sulfate).

Nutrition Facts	
Serving Size: 16 fl oz as prepared	
Servings Per Container: 1	
Amount Per Serving	
Calories 280	
	% Daily Value*
Total Fat 0g	0%
Sodium 40mg	2%
Total Carbohydrate 70g	23%
Dietary Fiber 3g	12%
Sugars 66g	
Protein 2g	
Vitamin A 40% • Vitamin C 200%	
Calcium 10%	
<small>Not a significant source of calories from fat, saturated fat, trans fat, cholesterol and iron.</small>	
<small>*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.</small>	

INGREDIENTS: Water, Skim Milk, Mango Puree, Sugar, Pineapple Juice Concentrate, Passion Fruit Juice Concentrate, Fructose, Dextrose, Dietary Fiber (Chicory), Citric Acid, Guar Gum, Vitamin C (Sodium Ascorbate), Calcium (Tricalcium Phosphate), Natural Flavor.

Nutrition Facts	
Serving Size: 16 fl oz as prepared	
Servings Per Container: 1	
Amount Per Serving	
Calories 260	
	% Daily Value*
Total Fat 0g	0%
Sodium 55mg	2%
Total Carbohydrate 63g	21%
Dietary Fiber 3g	12%
Sugars 60g	
Protein 3g	
Vitamin A 20% • Vitamin C 25%	
Calcium 10% • Vitamin E 20%	
Riboflavin 30% • Niacin 20%	
Vitamin B6 20% • Vitamin B12 25%	
<small>Not a significant source of calories from fat, saturated fat, trans fat, cholesterol and iron.</small>	
<small>*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.</small>	

INGREDIENTS: Water, Skim Milk, Blueberries, Raspberries, Sugar, Blueberry Puree Concentrate, Raspberry Puree Concentrate, Pomegranate Juice Concentrate, Fructose, Dextrose, Natural Flavors, Citric Acid, Dietary Fiber (Chicory), Guar Gum, Vitamin C (Sodium Ascorbate), Vitamin A (Palmitate), Vitamin E (di-alpha-Tocopheryl Acetate), Niacin (Niacinamide), Vitamin B2 (Riboflavin), Vitamin B6 (Pyridoxine), Vitamin B12 (Cyanocobalamin).

MAY CONTAIN TRACES OF PEANUTS, TREE NUTS, SOYBEANS, WHEAT OR EGGS FROM MANUFACTURING AND BLENDING.

frozen cappuccinos



Nutrition Facts	
Serving Size: 16 fl oz as prepared	
Servings Per Container: 1	
Amount Per Serving	
Calories 310	Calories from Fat 30
% Daily Value*	
Total Fat 3.5g	5%
Saturated Fat 2g	10%
Cholesterol 10mg	3%
Sodium 150mg	6%
Total Carbohydrate 59g	20%
Sugars 58g	
Protein 10g	
Vitamin A 2%	Vitamin C 8%
Calcium 35%	
Not a significant source of trans fat, dietary fiber and iron.	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	

INGREDIENTS: Skim Milk, Sugar, Brewed Coffee (Water, Coffee), Water, Cream, Guar Gum.

MAY CONTAIN TRACES OF PEANUTS, TREE NUTS, SOYBEANS, WHEAT OR EGGS FROM MANUFACTURING AND BLENDING.



Nutrition Facts	
Serving Size: 16 fl oz as prepared	
Servings Per Container: 1	
Amount Per Serving	
Calories 300	Calories from Fat 35
% Daily Value*	
Total Fat 4g	6%
Saturated Fat 2.5g	13%
Cholesterol 10mg	3%
Sodium 140mg	6%
Total Carbohydrate 56g	19%
Dietary Fiber 1g	4%
Sugars 56g	
Protein 10g	
Vitamin A 2%	Vitamin C 4%
Calcium 35%	Iron 4%
Not a significant source of trans fat.	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	

INGREDIENTS: Skim Milk, Sugar, Brewed Coffee (Water, Coffee), Water, Cream, Cocoa and Cocoa Processed with Alkali, Guar Gum.

MAY CONTAIN TRACES OF PEANUTS, TREE NUTS, SOYBEANS, WHEAT OR EGGS FROM MANUFACTURING AND BLENDING.