

Old Fashioned Glazed Blueberry Donut

86153

2/6/2019

Nutrition		Amount/Serving	% DV*	Amount/Serving	% DV*		
Facts		Total Fat	19g	29%	Total Carb.	41g	14%
Serv. Size 1 Donut (85g)		Sat Fat	8g	40%	Fiber	1g	4%
Serv. Per Cont. About 1		Trans Fat	0g		Sugars	25g	
Calories 340		Cholesterol	10mg	3%	Protein	2g	4%
Calories from Fat 180		Sodium	210mg	9%			
*Percent Daily Values (DV) are based on a 2,000 calorie diet.		Vitamin A	0%	Vitamin C	0%	Calcium	20%
						Iron	2%

INGREDIENTS: Sour Cream Donut Mix (Enriched Flour [Wheat Flour, Malted Barley Flour, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Sugar, Dextrose, Soybean Oil, 2% Or Less Of: Yellow Corn Flour, Defatted Soy Flour, Nonfat Dry Milk, Dried Egg Yolks, Whey, Salt, Sodium Acid Pyrophosphate, Soy Lecithin, Sodium Bicarbonate, Wheat Starch, Dehydrated Potatoes, Sodium Stearoyl Lactylate, Guar Gum, Natural & Artificial Flavors, Yellow Corn Blend [Wheat Starch, Annatto, Turmeric), Glaze (Fondant Sugar [Sucrose, Corn Starch], Sugar, Water, Glaze Mix [Sugar, Maltodextrin], High Fructose Corn Syrup [Fructose, Dextrose, Maltose, Higher Saccharides], Icing Powder [Calcium Carbonate, Sugar, Calcium Sulfate, Dextrose, Agar, Locust Bean Gum, Sodium Hexametaphosphate], Fat Flakes [Palm Oil with Soy Lecithin], Butter & Vanilla Flavor [Ethyl Alcohol, Water, Natural Flavors], Vanilla Flavor [Water, Propylene Glycol, Alcohol, Artificial Flavors, Citric Acid], Salt [Salt, Yellow Prussiate of Soda {prevents caking}], Shortening (Interesterified High Oleic Soybean Oil, Soybean Oil), Water, Blueberries. CONTAINS: WHEAT, SOY, MILK, EGGS