

# AK Glazed Raspberry Filled Bismark (6/2018)

<b>Nutrition Facts</b>	
Serving Size 1 filled bismark (169.00g/6oz)	
<b>Amount Per Serving</b>	
<b>Calories 700</b>	<b>Calories from Fat 300</b>
% Daily Value*	
<b>Total Fat 34g</b>	<b>52%</b>
Saturated Fat 16g	<b>81%</b>
Trans Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 340mg</b>	<b>14%</b>
<b>Total Carbohydrate 95g</b>	<b>32%</b>
Dietary Fiber 1g	<b>5%</b>
Sugars 56g	
<b>Protein 6g</b>	
<b>Vitamin A 0%</b>	• <b>Vitamin C 4%</b>
<b>Calcium 0%</b>	• <b>Iron 10%</b>
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000      2,500
Total Fat	Less than 65 g      80 g
Saturated Fat	Less than 20 g      25 g
Cholesterol	Less than 300 mg      300 mg
Sodium	Less than 2,400 mg      2,400 mg
Total Carbohydrate	300 g      375 g
Dietary Fiber	25 g      30 g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**Ingredients: Donut:** Enriched Wheat Flour (Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Dextrose, Contains 2% or less of: Cellulose Gum, Eggs, Leavening (Baking Soda, Sodium Acid Pyrophosphate), Lemon Oil, Potato Flour, Salt, Sodium Stearoyl Lactylate, Soy Flour, Water, Whey, Yellow 5, Yellow 5 Lake, Yellow 6, Yellow 6 Lake, Shortening: Palm Oil, Bleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Yeast, Sorbitan Monostearate, ascorbic acid, **Raspberry Jelly Filling:** Water, High Fructose Corn Syrup, Corn Syrup, Food Starch – Modified, Citric Acid, Salt, Agar, Sodium Benzoate & Potassium Sorbate as preservatives, Caramel Color, Propylene Glycol, Red 40, Blue 1, Artificial Flavor, Lactic Acid, Sodium Sulfate. **Glaze:** Water, Sugar, Cornstarch, Sugar, Dextrose, Agar, Locust Bean Gum, Water, Propylene Glycol, Natural & Artificial Flavors & Caramel Color.

**Contains: Wheat, Milk, Egg, Soy**

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