

Sausage Egg Cheese Muffin (6, 2021)

Nutrition Facts	
Serving size	1 sandwich (153g/5.4oz)
Amount per serving	
Calories	430
% Daily Value*	
Total Fat 29g	38%
Saturated Fat 10g	49%
Trans Fat 0g	
Cholesterol 165mg	55%
Sodium 790mg	34%
Total Carbohydrate 25g	9%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes less than 1g Added Sugars	2%
Protein 15g	
Vitamin D 0.7mcg 4% • Calcium 120mg 8%	
Iron 2.6mg 15% • Potassium 130mg 2%	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients: Muffin: Enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, yeast, dextrose, contains less than two percent of each of the following: cornmeal, baking powder (sodium acid pyrophosphate, sodium bicarbonate, cornstarch, monocalcium phosphate), potato flour, distilled vinegar, salt, calcium propionate, wheat gluten, monoglycerides, propionic acid, phosphoric acid, fumaric acid, hydrogenated soybean oil, non-gmo soybean oil, potassium sorbate, mineral oil, (processing aid), non-fat dry milk, **Fried Egg Patty:** Egg Whites, Egg Yolk, Soybean Oil, Water. Contains 2% or less of the following: Modified Corn Starch, Black Pepper, Salt, Natural Butter Flavor, Cellulose Gum, Xanthan Gum, Citric Acid, EDT, **Sausage Patty:** Pork, Water, Contains 2% or less of: Salt, Spices, Dextrose, Monosodium Glutamate, Sodium Phosphates, BHT, Citric Acid, Caramel Color. **Pasteurized Process Cheddar Cheese:** Cultured milk, water, cream, sodium phosphates, salt, sorbic acid (preservative), vegetable color (annatto and paprika extract), enzymes.
CONTAINS: WHEAT, MILK, SOY.

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% DV = % Daily Value