

# Griddle Cake Breakfast Sandwich (8/2020)

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>1 sandwich (164g/5.8oz)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>470</b>
<b>% Daily Value*</b>	
<b>Total Fat 32g</b>	<b>41%</b>
Saturated Fat 11g	<b>53%</b>
Trans Fat 0g	
<b>Cholesterol 175mg</b>	<b>58%</b>
<b>Sodium 750mg</b>	<b>33%</b>
<b>Total Carbohydrate 30g</b>	<b>11%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 9g	
Includes 8g Added Sugars	<b>16%</b>
<b>Protein 15g</b>	
<b>Vitamin D 0.7mcg 4% • Calcium 120mg 10%</b>	
<b>Iron 1.6mg 8% • Potassium 130mg 2%</b>	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

**Ingredients: Griddle Cake:** Enriched Wheat Flour [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sugar Maple Chips, [Sugar, Vegetable Oil (Palm, Palm Kernel), Wheat Flour, Cocoa Powder, Glucose, Extractives of Foenugreek, Maple Flavor, Caramel Color Soy Lecithin], Whole Eggs, Dextrose, Soy Oil, Soy Flour, Less Than 2% of Each of the Following: Leavening [Sodium Bicarbonate, Sodium Aluminum Phosphate], Salt, Natural Maple Flavor [Natural Flavors, Molasses, Malt Extract, Natural Alcohol, Natural Glycerine and Pure Maple Syrup], Soy Lecithin, , **Sausage Patty:** Pork, Water, Contains 2% or less of: Salt, Potassium Chloride, Dextrose, Spices, Monosodium Glutamate, Sodium Phosphates, BHT, Citric Acid, Caramel Color. **Fried Egg Patty:** Egg Whites, Egg Yolks, Soybean Oil, Water, Contains 2% or less of the following: Modified Corn Starch, Black Pepper, Salt, Natural Butter Flavor, Cellulose Gum, Xanthan Gum, Citric Acid, **Pasteurized Process Cheddar Cheese:** Cultured Milk, Water, Cream, Sodium Phosphates, Salt, Sorbic Acid (Preservatives), Vegetable Color (Annatto and Paprika Extract), Enzymes. **CONTAINS: WHEAT, EGGS, MILK, SOY**

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