

Ham & Jack Sandwich (4 2018)

N u t r i t i o n F a c t s	
Serving Size 1 sandwich (127.00g/4.5oz)	
Amount Per Serving	
Calories 350	Calories from Fat 150
% Daily Value*	
Total Fat 16g	25%
Saturated Fat 7g	35%
Cholesterol 45mg	15%
Sodium 1370mg	57%
Total Carbohydrate 39g	13%
Dietary Fiber 0g	0%
Sugars 6g	
Protein 17g	
Vitamin A 6%	• Vitamin C 2%
Calcium 20%	• Iron 15%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65 g 80 g
Saturated Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients: **Bun:** Enriched Flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Water, Sugar, Soybean Oil, Contains 2% or less of: Salt, Whey, Active Dry Yeast, Monoglycerides, Calcium Sulfate, Corn Syrup Solids, Oat Fiber, Sodium Stearoyl Lactylate, Guar Gum, Sodium Alginate, Xanthan Gum, Enzymes, Ascorbic Acid, **Ham:** Water, salt, sugar, sodium phosphate, sodium erythorbate, sodium nitrite), **Pasteurized Process Pepper Jack Cheese:** Cultured milk, water, skim milk, whey protein concentrate, cream, sodium phosphates, jalapeno peppers, red bell peppers, salt, sodium citrate, sorbic acid, titanium dioxide, natural flavor, red ground peppers, enzymes.

Contains: Wheat, Milk, Soy

Nutrition Facts Serving Size: 1 sandwich
(127.00g/4.5oz), Amount Per Serving: **Calories** 350,
Calories from Fat 150, **Total Fat** 16g (25% DV),
Saturated Fat 7g (35% DV), **Cholesterol** 45mg
(15% DV), **Sodium** 1370mg (57% DV), **Total**
Carbohydrate 39g (13% DV), **Dietary Fiber** 0g (0% DV),
Sugars 6g, **Protein** 17g, **Vitamin A** (6% DV), **Vitamin C**
(2% DV), **Calcium** (20% DV), **Iron** (15% DV).
Percent Daily Values (DV) are based on a 2,000 calorie diet.

2.75" width ratio.